

Frank Amodio

I weighed 268 pounds and suffered from high blood pressure and sleep apnea. These were the reasons I came into Triune Weight Loss Solutions. I was looking for an answer. My suffering started 2 years before I found Triune. I tried different ways to lose weight and get healthy. Some of these ways included Isagenix, taking in low amounts of calories, and multiple “fad diets”.

Being overweight affected my everyday life. I was too heavy to bend, I became exhausted after doing easy tasks, I suffered with back pain, I could not sleep well and I did not feel well or comfortable.

Since I’ve started my protocol at Triune I’ve lost 54 lbs., my social life and relationships have improved, my ability to move, sleep, and function on a daily basis has improved dramatically, I fit better into my clothes, I have more energy and confidence and I feel and look much healthier.

Everyone at Triune was very nice and seemed to genuinely care about my well-being. The treatments were done professionally with courtesy. The staff was very friendly and made me feel welcome.