



Randi Williams Testimonial

WHEN I CAME INTO THE TRIUNE HEALTHCARE OFFICE, I WEIGHED 350 POUNDS. I HAD HIGH BLOOD PRESSURE, PAIN IN MY LOWER BACK, AND PAIN IN MY JOINTS.

I HAVE TRIED SUCH THINGS AS WALKING, DIFFERENT DIETS, LOW CARBS, AND DIFFERENT EXERCISE REGIMENS TO TRY TO GET THE WEIGHT OFF FOR YEARS PRIOR.

THIS WEIGHT HAS AFFECTED MY SOCIAL LIFE, MY SLEEP, MY DRIVING, MY RELATIONSHIPS, AND MY WALKING.

I HAVE LOST 52 POUNDS AND 12 AND A HALF INCHES ALL AROUND. I FEEL GREAT AND MY CLOTHES FIT BETTER. I CAN FINALLY SLEEP BETTER AND EXERCISE MORE. THERE IS LESS PAIN ON MY JOINTS AND MY LOWER BACK AS WELL.

THE DOCTOR, CONSULTANT, COUNSELOR, AND STAFF WERE GREAT, KIND, AND I AM GRATEFUL ALWAYS. THEY ARE THE BEST!!!